

University Centre Colchester (UCC)

Staff Profile

Name:	Chloe McIntyre
Job title/role:	Lecturer in Counselling and Psychotherapy
Subjects taught/administrative responsibilities:	Subjects taught include Introduction to Counselling Practice, Self and Social Awareness, Professional Practice 1, Professional Practice 2, Comparative Approaches, Personal and Professional Development 4
Qualifications and Membership of Professional bodies:	BSc (Hons) Psychology, University of Essex Diploma in Humanistic, Integrative Counselling Post Graduate Certificate in Higher Education Fellow of the Higher Education Academy (HEA). Registered member of the British Association of Counselling and Psychotherapy (BACP).
Experience in Education:	<p>I studied at University of Essex where I graduated with a BSc (Hons) in Psychology. Following this I completed my counselling training at Life Force, in Colchester. I have also completed additional training regarding working with groups with The Gestalt Centre, London. I completed the post-graduate certificate in higher education with the University of Essex in 2018.</p> <p>I joined the University Centre Colchester in 2014 in the role of Counselling Service Coordinator. In 2018 I joined the teaching team as a lecturer on the HE Diploma Person-centred Counselling and the BA (Hons) Counselling and Psychotherapy programmes.</p>
Biography and personal interests:	<p>I am registered member of the British Association of Counselling and Psychotherapy. I have worked as a therapist for over 10 years. Within this time have worked with a diverse range of clients, working with both children, young people, and adults. My current practice is with Mid and North Essex Mind, with adults. The person-centred approach informs my counselling practice.</p> <p>Within my teaching practice, I am passionate about creating a student-centred learning environment, based on a humanistic educative framework. I am passionate about discussions around equality and diversity and exploring the psychological and social perspectives of mental health. I find it a privilege to be alongside a student counsellor in their training.</p> <p>Outside of my work and family life, I like to swim, walk and stay connected with nature.</p>
Professional practice / research interests:	<p>My practice over the years has included private practice, working with the Youth Enquiry Service and currently working with Mid and North Essex Mind since 2018.</p> <p>Research project as part of PGCHPEP</p>

* A case study examining use of schemas, mind-sets and motivation with regards to enhancing student's learning and understanding.

* On being human: The role of the facilitator in the application of humanistic ideology to a learning environment in the higher education sector.
