

Module Outline**Part 1- as validated**

1.	Title	Professional Development through Research 1: Introduction to research methodology and design (PDTR1)
2.	Level	6
3.	Credits	20
4.	Indicative Student Study Hours	200
5.	Core (must take and pass), Compulsory (must take) or Optional	Compulsory

5. Brief Description of Module (purpose, principal aims and objectives)

This module provides a foundation in research methodology and design in the field of counselling & psychotherapy. It supports the preparation, planning and initial review phases of students' research dissertations for the major literature review or case study projects. Students evaluate research methodology and its relationship to different perspectives in counselling & psychotherapy. Students will develop an understanding of processes, ethics, rationale and strategies involved in undertaking research in counselling & psychotherapy. Students are required to engage in peer supervision groups and peer feedback tasks to support their learning on this module. Students must identify a topic for research which may be drawn from a variety of sources including: research groups, personal experience, therapeutic practice, a lecturer-suggested topic or a professional subject of their specific interest (provided suitable academic supervision is available). They must then formulate a rationale for their study, and develop a research question. Students must identify 8 single study primary research papers to support their rationale and submit a 2500 word research proposal together with their UCC ethics application. Students will present their work in progress to peers and tutor for formative feedback.

6. Learning Outcomes - On successful completion of this module a student will be able to:*(Add more lines if required)*

1.	Define the scope of a topic for investigation appropriate to own professional counselling and psychotherapy interests
2.	Devise a specific research question or related set of questions relevant to own professional interests in the field of counselling and psychotherapy
3.	Design a systematic primary or secondary research study related to counselling and psychotherapy, including critical consideration of any ethical issues
Generic Learning Outcome(s)	
4.	Critically evaluate information from a range of sources

7. Assessment**Pass on aggregate or Pass all components***(modules can only be pass all components if this is a PSRB requirement)***Pass on aggregate****Summary of Assessment Plan**

	Type	% Weighting	Anonymous Yes / No	Word Count/ Exam Length	Learning Outcomes Coverage	Comments
1.	Research proposal	90	Yes	2500	1,2,3,4,	
2.	Ethics application	10	No	500	3	*A requirement of the UCC that all research is approved in accordance with the UCC Research and Scholarly Advice Strategy.

Further Details of Assessment Proposals

Give brief explanation of each assessment activity listed

Students will write a research proposal for systematic study of a topic of professional (counselling and psychotherapy-related) interest to them, including a rationale and research question(s), methodology, consideration of ethical issues, collation of 8 primary research papers for literature review and a plan for completion of the study

Students will complete the necessary research ethics application for UCC and submit with their proposal in readiness for their final research project (PDTR2)

8. Summary of Pre and / or Co Requisite Requirements

Pass Year 2/DipHE

9. For use on following programmes

BA Counselling and Psychotherapy

1.	Module Leader	Karen Ilott
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2.	Indicative Content
	<ol style="list-style-type: none"> 1. Finding inspiration 2. literature search 3. 'good' and 'bad' research questions 4. qualitative and quantitative research methodology and methods in counselling and psychotherapy 5. data collection 6. data analysis 7. systematic review 8. systematic case study 9. ethics in counselling and psychotherapy research 10. validity, reliability and trustworthiness 11. triangulation; bias; reflexivity 12. project planning.

3. Delivery Method *(please tick appropriate box)*

Classroom Based	Supported Open Learning	Distance Learning	E-Learning	Work Based Learning	Other (specify)
✓					

*If the Delivery Method is **Classroom Based** please complete the following table:*

	Activity (lecture, seminar, tutorial, workshop)	Activity Duration - Hrs	Comments	Learning Outcomes
1	Seminars	35		1-5
2	Tutorial	5		1-5
3	Workshop	1		1-5
4	Self-directed learning	159		1-5
	Total Hours	200		

If delivery method is <i>not</i> classroom based state lecturer hours to support delivery	
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4. Learning Resources

To include contextualised Reading List.

Professional Development through Research 1: Introduction to research methodology and design (PDTR1)

Reading List

Essential:

Hanley, T. et al (2013) *Introducing Counselling and Psychotherapy Research*, London: Sage

Jesson, J et al (2011) *Doing Your Literature Review: Traditional and Systematic Techniques*, London: Sage

McLeod, J. (2014) *Doing Counselling Research*, 3rd edn. London: SAGE Publications Ltd

Recommended:

Howell, D (2011) *Statistical Methods for Psychology*, Belmont, CA, USA: Wadsworth

Vossler, A. and Moller, N. (eds) (2015) *The Counselling & Psychotherapy Research Handbook*, London: Sage.

Journals and websites:

British Psychological Society (2014) *Code of Human Research Ethics*, Leicester: BPS [Online]
Available from: <https://www.bps.org.uk/sites/bps.org.uk/files/Policy/Policy%20-%20Files/BPS%20Code%20of%20Human%20Research%20Ethics.pdf>

Critical Appraisal Skills Programme (CASP): <https://casp-uk.net/>

Mitchels, B. (2019) *Ethical Guidelines for Research in the Counselling Professions*, Lutterworth: BACP [Online] Available from: <https://www.bacp.co.uk/media/3908/bacp-ethical-guidelines-for-research-in-counselling-professions-feb19.pdf>

Social Research Methods <https://socialresearchmethods.net/>